

S-DCSC Online Academy Menu

		Monday	Tuesday	Wednesday	Thursday	Friday	Meal Information
WEEK 1 		Peanut Butter & Jelly Uncrustable or Sandwich Fresh Carrots Fruit Milk	Eggo Mini Pancakes String Cheese & Yogurt Corn Fruit Milk	Ham or Turkey Sandwich Hummus Fruit Milk	Macaroni & Cheese Bowl Dinner Roll Fresh Celery Fruit Milk	Pizza Calzone Fresh Carrots Fruit Milk	East Central High School Tuesdays and Thursdays 8:30am – 9:30am Students will receive 3 breakfasts and 3 lunches on Tuesdays and 2 breakfasts and 2 lunches on Thursdays.
		Peanut Butter & Jelly Uncrustable or Sandwich Fresh Carrots Fruit Milk	Eggo Mini French Toast String Cheese & Yogurt Fresh Broccoli Fruit Milk	Ham or Turkey Sandwich Hummus Fruit Milk	Rotini & Meat Sauce Bowl Dinner Roll Corn Fruit Milk	Pizza Fresh Celery Fruit Milk	
WEEK 2 		Peanut Butter & Jelly Uncrustable or Sandwich Fresh Carrots Fruit Milk	Eggo Mini French Toast String Cheese & Yogurt Fresh Broccoli Fruit Milk	Ham or Turkey Sandwich Hummus Fruit Milk	Rotini & Meat Sauce Bowl Dinner Roll Corn Fruit Milk	Pizza Fresh Celery Fruit Milk	Daily Breakfast Includes: Breakfast Kit Fruit Juice Milk
		Peanut Butter & Jelly Uncrustable or Sandwich Fresh Carrots Fruit Milk	Eggo Mini French Toast String Cheese & Yogurt Fresh Broccoli Fruit Milk	Ham or Turkey Sandwich Hummus Fruit Milk	Rotini & Meat Sauce Bowl Dinner Roll Corn Fruit Milk	Pizza Fresh Celery Fruit Milk	

Additional Information

Complete the Google Form, if you have not done so, to sign-up to pick-up meals: <https://forms.gle/SYZmKHmaz8kq87gM7>

Please inform the Food and Nutrition Service Staff if you do NOT plan on picking up meals on a certain day or if you want to stop receiving meals completely.
Contact 812-623-2291 ext. 13809 with any questions.

August 2020						September 2020						October 2020					
	M	T	W	TH	F		M	T	W	TH	F		M	T	W	TH	F
	3	4	5	6	7			1	2	3	4					1	2
	10	11	12	13	14		7	8	9	10	11		5	6	7	8	9
	17	18	19	20	21		14	15	16	17	18		12	13	14	15	16
	24	25	26	27	28		21	22	23	24	25		19	20	21	22	23
	31						28	29	30				26	27	28	29	30

Meal Prices		
	Paid	Reduced
Elementary Lunch	\$2.45	\$0.40
Middle School Lunch	\$2.50	\$0.40
High School Lunch	\$2.55	\$0.40
Breakfast	\$1.35	\$0.30

Menu is subject to change.
This institution is an equal opportunity provider.